

# ODTÜ AİKİDO DOJOSU 7-6 KYU (DERECE) SINAVI TEKNİKLERİ

*Ukemi, Rei, Shikko*

## Tachi waza

Aihanmi Katate Dori

İkkyo

İrimi Nage

Kote Gaeshi

Shiho Nage

Kokyu Nage

Shomen Uchi

İkkyo

İrimi Nage

Kote Gaeshi

Kokyu Nage