

# ODTÜ AİKİDO DOJOSU 2-1 KYU (DERECE) SINAVI TEKNİKLERİ

## Suwari waza

Katate Dori

İkkyo  
Nikkyo  
Sankyo  
Yonkyo  
İrimi Nage  
Shiho Nage  
Kote Gaeshi

Kata Dori

İkkyo  
Nikkyo  
Sankyo  
Yonkyo

Ryo Kata Dori

İkkyo  
Nikkyo

Ryote Dori

İkkyo

Muna Dori

İkkyo

Shomen Uchi

İkkyo  
Nikkyo  
Sankyo  
Yonkyo  
Gokyo  
İrimi Nage  
Kote Gaeshi

Yokomen Uchi

İkkyo  
Nikkyo  
Sankyo  
Yonkyo  
Gokyo  
İrimi Nage  
Kote Gaeshi

## Hanmi Handachi Waza

Katate Dori

İkkyo  
Nikkyo  
Sankyo  
Yonkyo  
Kote Gaeshi  
İrimi Nage  
Shiho Nage  
Kaiten Nage  
Sumi Otoshi  
Kokyu Nage

Ryote Dori

Shiho Nage  
Kokyu Nage

Ushiro Ryo Kata Dori

İkkyo  
Nikkyo  
Sankyo  
Kote Gaeshi  
Kokyu Nage

# ODTÜ AİKİDO DOJOSU 2-1 KYU (DERECE) SINAVI TEKNİKLERİ

## Tachi waza

### Katate Dori

İkkyo  
Nikkyo  
Sankyo  
Yonkyo  
İrimi Nage  
Kote Gaeshi  
Shiho Nage  
Ude Kime Nage  
Hiji Kime Osae  
Uchi Kaiten Nage  
Soto Kaiten Nage  
Sumi Otoshi  
Koshi Nage  
Kokyu Nage  
Jiyu Waza

### Ryote Dori

İkkyo  
Nikkyo  
Sankyo  
Yonkyo  
İrimi Nage  
Kote Gaeshi  
Shiho Nage  
Ude Kime Nage  
Juji Garami  
Hiji Kime Osae  
Tenchi Nage  
Kokyu Nage  
Jiyu Waza

### Ryo Kata Dori

İkkyo  
Nikkyo  
Sankyo  
Yonko  
Kokyu Nage

### Shomen Uchi

İkkyo  
Nikkyo  
Sankyo  
Yonkyo  
Gokyo  
İrimi Nage  
Kote Gaeshi  
Ude Kime Nage  
Shiho Nage  
Uchi Kaiten Nage  
Soto Kaiten Nage  
Soto Kaiten Sankyo  
Koshi Nage  
Ushiro Kiri Otoshi  
Ganseki Otoshi  
Aiki Otoshi  
Aiki Nage  
Kokyu Nage  
Jiyu Waza

### Kata Dori

İkkyo  
Nikkyo  
Sankyo  
Kote Gaeshi  
İrimi Nage

# ODTÜ AİKİDO DOJOSU 2-1 KYU (DERECE) SINAVI TEKNİKLERİ

## Jodan Tsuki

İkkyo  
Kote Gaeshi  
Shiho Nage

## Sode Dori

İkkyo  
Sumi Otoshi

## Sode Dori Jodan Tsuki

İkkyo  
Nikkyo  
Sankyo

## Chudan Tsuki

İkkyo  
Gokyo  
İrimi Nage  
Kote Gaeshi  
Ude Kime Nage  
Hiji Kime Osae  
Soto Kaiten Nage

## Yokomen Uchi

İkkyo  
Nikkyo  
Sankyo  
Yonkyo  
Gokyo  
İrimi Nage  
Kote Gaeshi  
Shiho Nage  
Ude Kime Nage  
Kokyu Nage  
Koshi Nage  
Jiyu Waza

## Morote Dori

İkkyo  
Nikkyo  
İrimi Nage  
Kote Gaeshi  
Shiho Nage  
Juji Garami  
Kokyu Nage

## Muna Dori

İkkyo  
Shiho Nage

## Muna Dori Men Uchi

İkkyo  
Shiho Nage

## Kata Dori Men Uchi

İkkyo  
İrimi Nage  
Kote Gaeshi  
Shiho Nage  
Kokyu Nage  
Koshi Nage

## Ushiro Waza

### Ryote Dori

İkkyo  
Nikkyo  
Sankyo  
Yonkyo  
İrimi Nage  
Kote Gaeshi  
Ude Kime Nage  
Hiji Kime Osae

# ODTÜ AİKİDO DOJOSU 2-1 KYU (DERECE) SINAVI TEKNİKLERİ

Shiho Nage  
Kokyu Nage  
Koshi Nage  
Katate Dori Kubi Shime

İkkyo  
Nikkyo  
Shiho Nage  
İrimi Nage  
Kote Gaeshi  
Koshi Nage

Ryo Kata Dori

İkkyo  
Nikkyo  
Sankyo  
Kote Gaeshi  
İrimi Nage  
Aiki Otoshi

Hagai Jime

Kokyu Nage

Eri Dori

İkkyo  
İrimi Nage

Eri Dori Men Uchi

İkkyo  
Kote Gaeshi  
Shiho Nage

## Tanto Dori

Tsuki

İkkyo  
Gokyo  
Kote Gaeshi  
Ude Kime Nage  
Ude Garami  
Hiji Kime Osae

## Jo

Jo Dori

İkkyo  
Shiho Nage  
Atemi Waza  
Kokyu Nage

Jo Nage

Shiho Nage  
Kokyu Nage  
Atemi Waza

## Sannin Gake